Prompt Routines for Travelers

Reusable prompts for planning any trip with AI.

These prompts help you use AI clearly and confidently throughout your travel planning. Copy and paste as needed into your AI workspace, and adjust details to match your trip.

How to use this guide

- **Step 1:** Set up your AI travel workspace (traveler profile, trip snapshot, tone preferences).
- **Step 2:** Choose the prompt that matches your current planning phase and paste it into your AI chat.
- **Step 3:** Customize details (dates, cities, budget, pace) and iterate until the output feels realistic and aligned with you.

AI's role in your planning

AI helps you organize ideas, compare options, and structure routes.
You are responsible for verifying key details like visas, safety guidance, opening hours, and official requirements.

Tone for AI responses

You can remind AI to respond in a specific way:

"Please respond in a calm, clear, non-hyped tone. Focus on realistic options, avoid pressure to 'see everything,' and highlight trade-offs honestly."

Destination Brainstorm Prompts

Use these when you are still deciding where to go. Paste, then fill in details like mood, dates, and starting point.

Prompt 1 — Experience-Based Brainstorm

```
"I want a trip that feels like [describe mood/pace].
I have [#] days in [month].
Traveling from [departure location].
Suggest 5-7 destinations and explain why each fits my style."
```

Prompt 2 — Seasonal & Budget Fit

```
"Recommend destinations that fit my timeline, budget, and preferred weather. Include pros, cons, and typical
traveler fit."
```

Prompt 3 — Contrast Options

```
"Give me two versions of destination ideas: one for a slower, calm trip and one for a more energetic, city-
focused trip."
```

Prompt 4 — Elimination Prompt

```
"Remove any destinations that are too rushed, crowded during my dates, or require long multi-stop flights."
```

Route & Sequencing Prompts

Use these once you've chosen a region or main destination and need to structure the order of places and time in each.

Prompt 1 — High-Level Route

"Given my chosen destination and timeframe, propose 2–3 route options with day allocations and brief reasoning."

Prompt 2 — Pacing Adjustments

"Create a slower version of this route and a more nature-focused version. Explain trade-offs."

Prompt 3 — Map Reality Check

"Revise the route to minimize transit time and avoid doubling back. Keep travel segments under [X] hours."

Prompt 4 — Day-Flow Rhythm

"Describe the overall flow of this route. Suggest adjustments to make it smoother or more balanced."

Day-by-Day Itinerary Prompts

Use these to turn your route into realistic daily plans that match your energy, interests, and pacing preferences.

Prompt 1 — Initial Draft

"Create a moderate-paced itinerary using morning/afternoon/evening structure and one backup option per day."

Prompt 2 — Local Flavor Add-On

"Add 4–6 micro-experiences in local neighborhoods that match my travel style. Replace generic tourist items."

Prompt 3 — Pacing Corrections

"Review this itinerary and identify rushed or unrealistic days. Suggest revisions."

Prompt 4 — Map Integration

"Reorder each day based on geographic clustering and walking/transit efficiency."

Logistics, Budget & Safety Prompts

Use these when you are ready to refine transport, reservations, budget expectations, and on-the-ground safety and etiquette.

Transport Prompt

"List typical travel options between [city A] and [city B]. Compare by time, comfort, scenery, and convenience."

Reservation Prompt

"Based on my itinerary, create a 'must-book-early' checklist and recommended booking windows."

Budget Prompt

"Create a structured trip budget with categories, typical ranges, and a realistic buffer."

Safety & Etiquette Prompt

"Explain key cultural norms, etiquette basics, and common traveler mistakes in [destination]. Keep it calm and practical."

On-the-Trip Prompt

"Given my energy levels, weather, and location, suggest simple adjustments for today that match my travel style."